

SAFE SYSTEM OF WORK

Task/Activity	Working at Height			Document Ref	SSW016	
Site/Location	All Sites			Issue	1	
Developed By	K Moss			Date	09/2021	
Permit to Work Required?	YES	<input type="checkbox"/>	NO	X	RA Ref No	TBC

Identified HAZARDS from Risk Assessment

							
Falls	Falling Objects						








Training Required

Operator training				
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Persons at Risk

Operators	Employees working within close vicinity				
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PPE Requirements

							
Safety Boots	Safety Glasses	Hi Vis <small>High visibility clothing must be worn in this area</small>	Gloves	Helmet	Ear Protection	Safety Harness <small>Wear safety harness</small>	

CHS016 - S.T.O.P for Safety Policy is always applicable

Current Control Measures. Identified in Risk Assessment

Ensure all PPE is worn, i.e. safety footwear, glasses, ear protection.

1. Requires Permit to Work.
2. Can I use a MEWP instead?
3. Use harness to connect onto secure object, beam etc.
4. Only use recognised walkways and platforms for access, never climb on plant, structures, equipment etc.
5. All work at height must be planned, supervised and carried out by personnel trained to work at height.
6. Clear working area below.
7. Ensure all tools are secured.
8. Rescue Plan in place in the event of incident.

If any fault found DO NOT USE Machine and report to your Supervisor.

Procedure

1. Ensure there is and have read work a full method statement, risk assessment and a permit to work prior to commencement of work.
2. Work at height must be avoided whenever this is reasonably practicable.
3. If mobile elevating working platforms (MEWP) are used these must be operated by a trained certificated competent person following the company's safe system of work. A daily check should be performed prior to use. Ensure the work piece is suitably fixed, preferably by clamps before offering the equipment to it.
4. Employees working at height shall wear a restraint type safety harness and lanyard secured to the basket attachment point whenever there is a risk of falling from the basket during operation, e.g. impact or instability.
5. Where ladders are used, these should be footed or lashed (both stiles), set to the correct angle (1:4) and inspected for damage before use. **NO WORK SHOULD BE CARRIED OUT FROM A LADDER unless of short duration and THE RISK OF INJURY FROM FALLING IS LOW.**
6. Only use recognised walkways and platforms for access, never climb on plant, structures, equipment etc.
7. Ensure all tools, equipment and materials are placed where there is no risk of falling or becoming displaced especially under windy conditions.
8. The area beneath the work should be cordoned or taped off where possible. Never throw or tip anything down from height. Don't allow anyone to pass beneath.
9. No work at height should take place in significantly windy / inclement conditions.
10. Never access a fragile roof unless by appropriate load spreading platforms and where a secondary fall protection system is in place. If the roof slope is greater than 10° crawling ladders must be used. All openings, skylights, holes in floors etc. must be protected with barriers. Where openings are temporarily covered, they should be marked as "open".
11. Where there is a risk of falling from load spreading platforms a secondary protection system must be in place, e.g. handrails, nets, airbags, work restraint devices etc.
12. A rescue plan in the event of emergency must be in place. Ensure you know what to do.

First Aid Precautions	First Aiders
	See canteen notice board

Additional Information
N/A